

Journal Prompts For Adults

Daily Journal Prompts
A Year of Creative Writing Prompts
Your Creative Career
Coloring Journal with Prompts for Adults and Teens - Nature, Flowers and Animals Edition
300 Writing Prompts
The Everything New Teacher Book
350 Fabulous Writing Prompts
500 Journal Writing Prompts: Categorized Journal Prompts for Self-Discovery, Life Reflections and Creating a Compelling Future
Start Where You Are
Write it Down: Coronavirus Writing Prompts
365 Journal Writing Prompts for Creative Self Discovery
Burn After Writing
It'll Be Okay, and You Will Be Too
Body Kindness
365 Days of Creative Writing
Wired for Story
52 Lists
100 Writing Prompts
365 Creative Writing Prompts
Kicking In the Wall
Prompt Journal for Women
The Writing Prompt Journal
The Writing Prompts Journal
Meet the Inner You
November Daily Journal Writing Prompts
Creative Writing Prompts for Adults
642 Lists to Write
Creative Writing Prompts for Adults on Space Mission
The Mindful Kind
The Story You Need to Tell
Wreck This Journal
Teens Journal with Prompts - Unicorn
Journal Prompts
1200 Creative Writing Prompts
Writing Prompts for Adults
Self Discovery Journal for Teens and Young Adults
Daily Journal Prompts
101+ Creative Journaling Prompts
Kids Journal with Prompts - be Strong
Let It Out

Daily Journal Prompts

Create a healthier and happier life by treating yourself with compassion rather than shame. Imagine a graph with two lines. One indicates happiness, the other tracks how you feel about your body. If you're like millions of people, the lines do not intersect. But what if they did? This practical, inspirational, and visually lively book shows you the way to a sense of well-being attained by understanding how to love, connect, and care for yourself—and that includes your mind as well as your body. Body Kindness is based on four principles. **WHAT YOU DO:** the choices you make about food, exercise, sleep, and more **HOW YOU FEEL:** befriending your emotions and standing up to the unhelpful voice in your head **WHO YOU ARE:** goal-setting based on your personal values **WHERE YOU BELONG:** body-loving support from people and communities that help you create a meaningful life With mind and body exercises to keep your energy spiraling up and prompts to help you identify what YOU really want and care about, Body Kindness helps you let go of things you can't control and embrace the things you can by finding the workable, daily steps that fit you best. It's the anti-diet book that leads to a more joyful and meaningful life.

A Year of Creative Writing Prompts

Being a great teacher is more than lesson plans and seating charts. In this revised and expanded new edition of the classic bestseller, you learn what it takes to be the very best educator you can be, starting from day one in your new classroom! Filled with real-world life lessons from experienced teachers as well as practical tips and techniques, you'll gain the skill and confidence you need to create a successful learning environment for you and your students, including how to: Organize a classroom Create engaging lesson plans Set ground rules and use proper behavior management Deal with prejudice, controversy, and violence Work with colleagues and navigate the chain of command Incorporate mandatory test

preparation within the curriculum Implement the latest educational theories In this book, veteran teacher Melissa Kelly provides you with the confidence you'll need to step into class and teach right from the start.

Your Creative Career

"Perfect for writers who are feeling uninspired or who simply want to tackle a new writing challenge, 1200 Creative Writing Prompts has something for everyone. Whether you write fiction, poetry, or creative nonfiction, you'll find plenty of fresh ideas inside this book" --

Coloring Journal with Prompts for Adults and Teens - Nature, Flowers and Animals Edition

Instantly Ignite Your Imagination with Over 900 Unique Writing Prompts! Writers know that good writing is dependent on unique, interesting ideas. Kick your imagination into gear with this collection of hand-picked, hand-crafted, explosively creative writing prompts! With hundreds of prompts in every genre included in this book, you are sure to find ideas that will propel your writing and grab your readers' imagination. Write More, Write Better - and Have Fun Doing It! The Love in Ink team is composed of two passionate authors with over a decade of writing experience. We know what good writing consists of - and we know how to bring it into being. In addition to tons of fun writing prompts in all main genres, this book includes a special section of fun Writing Challenges. There, you will find prompts rich with rhetorical techniques that will improve your writing and enhance your confidence as an author. Writer's Block Getting in Your Way? Destroy It, One Amazing Prompt at a Time! As a writer, you know the woes of writer's block. There is nothing worse than wanting to write, but lacking the right idea to get you going. We have the solution! In this book, you will find a year's worth of new, fresh writing prompts: From writing exercises to solid book ideas, for both beginning and established writers. Three prompts a day, every day, in all genres - over nine-hundred prompts in total! You will never be short of ideas again.

300 Writing Prompts

Create 52 lists, one for every week of the year, that will help you discover the beauty, joy, creativity, and power you already have! The 52 Lists Project is a gorgeous journal for list lovers, based on the popular blog series by Moorea Seal. This beautiful undated journal of weekly lists will help nurture self-expression and self-development. Each seasonal section includes list prompts, with plenty of space to write your own lists, and challenges to help you take action and make your dreams a reality. With perfectly timed prompts that meet you where you are throughout the different seasons, this journal will open up new avenues of self-knowledge and help you celebrate, enjoy, and take ownership of your life, as each week of the year becomes more thoughtful and vibrant.

The Everything New Teacher Book

300 Writing Prompts: The Complete Self Exploration Journal is a write-in journal

that accesses your curiosity, insight, and creativity. Immerse yourself in enthralling and probing prompts. Forget flipping through endless pages to find a prompt that sparks your interest-- The table of contents can guide you to a prompt to complement your every mood, ranging from insightful and reflective to silly and lighthearted. All three hundred prompts are clear and specific so that writing becomes a breezy pleasure rather than a daunting chore. Let go of writer's block. Experience 300 Writing Prompts: The Complete Self Exploration Journal. SAMPLE PROMPTS: - Creative: Describe what your day has been like so far. But this time, add zombies! You find a small door on a tree in the forest. Who lives there? Do you knock? Some shady people are after you and you have to make a quick escape from work (or school). How does it go down? You find a five-inch tall dragon that seems to take a liking to you. What would you do with him? Describe your dream vacation. - Reflective: Is your danger reflex "fight" or "flight"? How do you know? What's the most beautiful thing you've ever seen with your own eyes? Everybody is good at something. But what are you really, really bad at? - Ambitious: If you could have any job in the world, what would it be? What accomplishment are you proud of yourself for (no matter how small)? Imagine that you have enough money that you never need to work again. Would you still have a job? If not, how would you spend your time? In your opinion, what leads to a full life? Think about the last time you were passionate about something. What was it? - Nostalgic: What has been the happiest period of time in your life so far? Talk about your favorite summertime memory. - Thoughtful: Describe what a utopia would be like. If you could look into your own future, would you? - Silly: You have to commit the perfect crime. What do you do and how? You've been kicked out of your own country! Where do you move to? - Romantic: Do you need a love life to be happy? Is there a "soul mate" out there for everyone? - Blue: Is it more important to allow yourself to experience sadness, or to focus on the positive? Describe the most peaceful place you can imagine. - Lighthearted: Are you a night owl or an early bird? Describe the last dream you remember having.

350 Fabulous Writing Prompts

A daily writing practice requires constant feeding of new ideas to draw from deep inside your writing well. This book offers daily prompts to get your creative juices flowing and provides the kick start necessary when you are faced with writers block. Give your writing a boost whether you are writing your memoir, have a daily journaling practice or building fictional characters for your next book. Break through writers block with 365 prompts and creative ideas to expand your thoughts and open new writing avenues. Filled with words, phrases and spiritual inspiration, this book sparks the writer to write on the blank page - anytime. These creative exercises keep you writing and help you build a daily writing practice to complete your book, initiate change and promote personal transformation. Writing feeds the mind and heals the soul. No writer should be without these prompts.

500 Journal Writing Prompts: Categorized Journal Prompts for Self-Discovery, Life Reflections and Creating a Compelling Future

Coloring Journal with Prompts for Adults and Teens - Nature, Flowers and Animals

Edition Cover Color Variation - Lavander Sunrise Artwork. More cover options available from Krisp Shop. 40+ Coloring book pages with stunning artwork! 50+ Journal diary prompts to help you get creative! 100+ Lined journal diary pages for writing, art, stickers, magazine cutouts, photos, answering prompts questions and endless self-exploration! #55 White paper, 8"x11," for the best writing and coloring experience! Great as an activity book for adults, teens, men and women of all ages - all prompts are designed to work for everyone and help you stay positive, promote calm spirit and mindfulness, help with anxiety and stress. All artwork has great detail and themes - cats, flowers, butterflies, exotic ocean and land animals! Popular as a gift for Christmas, Birthday and special occasion. Use "See Inside" feature for examples of artwork.

Start Where You Are

The Perfect Creative Writing Prompts Journal Are you looking for a simple writing prompt journal or book? Would you like easy cues for creative writing exercises? Then, 100 Writing Prompts is the ideal creative writing prompt for adults and kids alike! With 100 uniquely random titles and 2 pages per title, you can let your imagination run wild to concoct brilliant landscapes, deep character traits, and compelling storylines. This journal for creative writing can be used to hatch short stories, novels, and even develop a steady writing habit. The 101 Writing Prompts Journal includes: 200 lined pages Lightly decorated backgrounds Size - 5x8 Journal 100 randomly creative titles with 2 pages per title Thick paper that easily absorbs most ink Lots of room to let your imagination to run wild There Are No Limits to What You Can Create, So Get Your Copy Right Away!

Write it Down: Coronavirus Writing Prompts

In the world of mass communication and information we're living, it's getting increasingly harder to connect with ourselves. Time spent before reflecting on our innermost desires and goals is being replaced by the scrolling down of our social media feeds. Connections and relationships with others are diminished to simple exchanges of text messages. Moments of self-reflection and self-discovery are replaced by reading countless '5 reasons you're a (insert adjective here)' articles. Deep in our hearts, we're aware of this disconnect we're living, but heck, we don't know how to stop. This journal is a remedy to that problem. A very wise person (Aristotle) once said, "Knowing yourself is the beginning of all wisdom." I couldn't agree more. Knowing yourself can give you a better idea of what it is you want in life at this moment, the kind of job you'd like to have (or if you'd like one at all- perhaps you're more entrepreneurially inclined), what kind of trips you want to take, what kind of activities you want to surround your life with, what kind of friends you'd like to have- etc. Knowing what it is you want is the first step to its acquirement. Self Discovery Journal for Teens and Young Adults: 200 Questions and Writing Prompts to Find Yourself and the Things You Want to Do in Life is designed to reconnect you with yourself through daily fun and thought-provoking journaling prompts. All 200 questions found inside this self-discovery journal will help you discover things about yourself in different areas of your life. Also, in every single page you will find a relevant quote filled with wisdom and optimism. Welcome to this journal of you.

365 Journal Writing Prompts for Creative Self Discovery

If you're feeling overwhelmed, pressured, anxious and disconnected, this book will change your life, one mindful step at a time. A guide from a popular podcaster to de-stressing and becoming happier by becoming more mindful in your everyday life. Learn why it's vital to prioritise self-care, wellbeing and mental health. Discover effective and practical mindfulness and meditation strategies and learn to apply them in all life areas, including work, relationships and self-care. Learn skills to increase resilience and improve wellbeing throughout their lives. Be encouraged and inspired to create an ongoing mindfulness practice.

Burn After Writing

"Barbara Abercrombie, an author and creative writing instructor at UCLA Extension, offers 365 days' worth of guidance for writers seeking to warm up, stretch, and build creative muscle"--Provided by publisher.

It'll Be Okay, and You Will Be Too

Body Kindness

Anna Sabino is an artist, but certainly not a starving one. She wasn't born into a wealthy family, didn't inherit money from a distant relative, and doesn't have a rich husband. But she made it as an entrepreneur, as a single woman, and most importantly, as an artist. In *Your Creative Career*, she shows her fellow artists and creatives how to build a business that reflects their talent and true calling while generating serious cash. Whether the goal is to build an empire and be financially free, create a lifestyle business, or just to have more time, *Your Creative Career* guides you through every aspect of creative entrepreneurship. If you want to start your creative career, transition into it, or give it a boost, this book is a must read that features: Proven systems and strategies to create ideally priced products that keep selling. The importance of going through all the steps of making it from idea inception and execution to branding and distribution. The importance of transitioning from artistic solitude to collaborative, creative entrepreneurship. The most effective marketing and PR methods adjusted to the new reality of short attention spans and information overload.

365 Days of Creative Writing

With fun and engaging writing prompts like these, your students will jump at the chance to write! These books include two prompts per day that touch on holidays and seasons, favorite memories, sports and hobbies, animals and nature, and other kid-captivating topics. Students will improve their writing skills as they write directions, create imaginative stories, pen poems, compare and contrast, and much more.

Wired for Story

52 Lists

With fun and engaging writing prompts like these, your students will jump at the chance to write! These books include two prompts per day that touch on holidays and seasons, favorite memories, sports and hobbies, animals and nature, and other kid-captivating topics. Students will improve their writing skills as they write directions, create imaginative stories, pen poems, compare and contrast, and much more.

100 Writing Prompts

A practical and inspiring guide to transformational personal storytelling, *The Story You Need to Tell* is the product of Sandra Marinella's pioneering work with veterans and cancer patients, her years of teaching writing, and her research into its profound healing properties. Riveting true stories illustrate Marinella's methods for understanding, telling, and editing personal stories in ways that foster resilience and renewal. She also shares her own experience of using journaling and expressive writing to navigate challenges including breast cancer and postpartum depression. Each of the techniques, prompts, and exercises she presents helps us "to unravel the knot inside and to make sense of loss."

365 Creative Writing Prompts

Writing a Journal will be one of the most rewarding decisions you would have ever made in your life to kick-start your passion for writing. There are 180 thought-provoking prompts in this book to keep you creative and motivated. These prompts will help you sharpen your writing skills and inspire you to write better. Writing one prompt a day in this book should keep you going for 6 months Remember this Writing Journal is a place just for you and your imagination. Let it take whatever shape works for you. Try making it a daily practice by adding it to your morning or evening ritual so that it becomes a habit. Try picking a specific time of day that it gets done every day. In case Writer's Block strikes you. Just take one prompt and start writing. The more you do it, the easier it gets. There is no particular order in which you should do them. Follow your heart. Choose any prompt where you feel like writing about. Write about it as often as you like. If you only use one prompt over and over again -that's fine. If you don't want to write about another one, that's ok too. This writing time is for you Additional Details: Cover: Premium Glossy Finish Size: 6 x 9 inches - Easy to carry around Pages: 182 Pages Paper: High-grade White Paper

Kicking In the Wall

Find Your Inner Self With These 100 Plus Writing Prompts For Self Discovery and Self Reflection. You might have already heard or read that " the most important relationship in our life is the one with ourselves". Today life has become too busy and you don't have time or simply fail to make time for connecting with your inner self. So, what you need is to maintain a self discovery journal to connect with your inner kid. Getting to know yourself and digging into your own inner wisdom helps you like more yourself. Moreover, by making time aside to journal and being with

yourself is extremely powerful in its own. Suitable for adults both men and women, "Meet The Inner You" is an interesting and inspiring journal of self discovery. It comes with over 100 thought provoking writing prompts for adults which will help you meet your deeper self. You will be amazed to know that you will no longer fight for writing ideas. In this journal you will find a lot of inspiring and fun questions and journal prompts all aimed at Self Discovery. This journal is crafted in such a way to get you think about you in a new and refreshing way and it also lets you gain a deeper understanding of your inner kid while having fun. On the whole, the questions and writing prompts within this unique journal are meant to provide you with a simple yet integrative pastime. Meet The Inner You is also suitable for teens and it contains over 100 writing prompts for teens. You will find the self discovery journal very inspiring and it will help you to dig deeper inside you. Just go to your favorite place and turn page to your next thought provoking writing prompt or question. Enjoy! "Secrets of The Millionaire Mind" was born out of my own journey of self-discovery within both my personal and professional life." ~ T. Harv Eker

Prompt Journal for Women

Some insightful some questioning prompts, this journal will give you something to think about and be grateful for each and every day. It also gives you some practical advice on how to get through the day.

The Writing Prompt Journal

Teen Kids Journal Pack In our new Teens and Kids Journal pack you get two ready to use journals of 94 pages in length. We have included a daily journal prompt on each page to help inspire kids of all ages to start journaling on a daily basis. In total there are 110 journal prompts per journal. Journals are created in a 6 x 9

Journaling Prompts for Kids 12 and Under

1. Tell a story about a past family vacation.
2. What are some instances when you shared with friends?
3. What is your favorite commercial?

The Writing Prompts Journal

Write it Down: Coronavirus Writing Prompts uses creativity to cope with the uncharted waters we live in. The writing prompts examine and document the emotions and experiences of this challenging time, and as your words go on the page, the process sparks reflection, learning and relief.

Meet the Inner You

"This guide reveals how writers can take advantage of the brain's hard-wired responses to story to captivate their readers' minds through each plot element"--Provided by publisher.

November Daily Journal Writing Prompts

This collection of 365 journal writing prompts is meant to stop writer's block in its tracks. With enough prompts to last the whole year long, you'll be writing every

day on a variety of subjects. With some introspection, some humor and a view to the future, you'll be able to practice your writing and learn more about yourself. Author Bryan Cohen's books of writing prompts and writing advice have sold more than 15,000 copies.

Creative Writing Prompts for Adults

642 Lists to Write

Special limited duct tape cover edition of the internationally bestselling phenomenon with over 7 million copies sold! Paint, poke, create, destroy, and wreck--to create a journal as unique as you are For anyone who's ever had trouble starting, keeping, or finishing a journal or sketchbook comes this expanded edition of *Wreck This Journal*, a subversive illustrated book that challenges readers to muster up their best mistake- and mess-making abilities to fill the pages of the book--or destroy them. Through a series of creative and quirky prompts, acclaimed guerilla artist Keri Smith encourages journalers to engage in destructive acts--poking holes through pages, adding photos and defacing them, painting pages with coffee, coloring outside the lines, and more--in order to experience the true creative process. With Smith's unique sensibility, readers are introduced to a new way of art- and journal-making, discovering novel ways to escape the fear of the blank page and fully engage in the creative process. To create is to destroy. Happy wrecking!

Creative Writing Prompts for Adults on Space Mission

Start Where You Are is a full-colour, passion-inspiring journal designed to help readers nurture their creativity, explore their feelings and focus on what matters most. Featuring vibrant hand-lettering and watercolour illustrations, it pairs inspiring quotes with supportive prompts and exercises to spark reflection through writing, drawing, chart-making and more. As beautiful as it is useful, *Start Where You Are* will make a perfect gift and keepsake as well as a powerful tool for positive change.

The Mindful Kind

You want change. Maybe your career isn't what you thought it would be . . . or your relationships aren't what you had hoped. Perhaps you have a grand vision for your life but not the smallest clue on how to get there. Wherever you feel stuck or confused, you wish you had someone to hold your hand and guide you. You do. And it's only a blank page away. In *Let It Out*, millennial blogger and podcast host Katie Dalebout shares the transformative practice that will rocket your life to the next level—journaling. Discovering in her darkest hours that a journal is the greatest tool in finding your purpose, healing yourself, and creating the life you desire, Katie has assembled the practices and insights that will get you "unstuck" for good. And don't worry—you don't need to be a writer! Journaling is simply a method of coaching yourself through your "stuff" and letting it out on the page, unclogging your mind from years of destructive thoughts. In doing so, you step into

a position of unsurpassed clarity. Packed with journaling exercises, prompts, and techniques that can be done anywhere and in any order, this guidebook offers you a new way to navigate your daily life, cope with stress, and create exciting, permanent change. Covering everything from clearing clutter to cultivating abundance to moving beyond fear, it will be your new best friend and coach anytime you seek clarity or crave solace. Simply grab a pen, open your journal, and prepare to let it out.

The Story You Need to Tell

What is Your Favorite Childhood Memory? What is Something You Recently Discovered About Yourself? Where Do You Want to Be in a Decade from Now? Are you ready to answer these questions and rediscover yourself? If you are reading this, then you already know that expressing your deepest thoughts, fears, ambitions, and dreams can help improve your health, boost your memory, and avoid negative thoughts. However, finding a prompt book that will allow you to discover the most well-hidden parts of your personality and allow you to discover who you are is not as easy as it sounds. Until now! Here's How You Can Write Your Way To Inner Balance & Self-Discovery! Created by Emerson Hooper, this comprehensive journal with prompts is here to spark your creativity, imagination, and writing talent. Unlike other writing prompts journals, this well-organized daily prompts book features: ✓ Inspirational, Fun, And Realistic Writing Prompts Broken Down Into Categories (Chapters) ✓ Introspective Questions That Will Allow You To Dig Deeper & Challenge Yourself ✓ Self-Discovery Prompts About Your Past, Present, And Future And the best part? You can find 365 questions and writing exercises - one for each day of the year! Know Yourself, Learn From The Past, Find Your Purpose In Life - One Day At A Time! By the end of this motivational writing prompts book, you will be able to: □ Understand Yourself Better & Leave Negative Habits In The Past □ Find The Hidden Meaning In Your Life Through Expressive Writing □ Stimulate Different Ways Of Thinking Based On Your Experience □ Ignite Your Creativity & Find Balance In Your Life □ Reflect On Your Past & Use Your Present As A Beacon For Your Future "I Have Never Tried Keeping A Journal, Is This Book For Me?" Remember, your goal is to improve your life and know yourself, not win a Nobel prize. You do not need any previous experience or a Master's Degree in Literature and Creative Writing in order to express yourself. Write from your heart, be honest, and you will be able to reap the fruit of your efforts - one day at a time. What Are You Waiting For? Click "Add To Cart" & Embark On The Life-Changing Journey To Self-Discovery Today!

Wreck This Journal

AN INSPIRATION MAGNET TO SKYROCKET SELF-ESTEEM This Self-Discovery Journal provides more than 200 thoroughly unique & enjoyable writing prompts. Skyrocket your self-esteem, develop your creativity and explore all area's of life: Writing Prompts about your love life, Writing Prompts to better deal with social anxiety's Writing Prompts for finding empowering strategies to deal with worries, stress and failures. And much, much more CREATIVE WRITING AT YOUR OWN PACE FOR MAXIMUM BENEFIT This beautifully designed writing prompts journal, can be used at your own space to give you the maximum benefit. Furthermore, there are wisdom quotes throughout this writing prompt journal to motivate you when you

feel a lack of inspiration. Discover your best-self now & scroll up to buy your own Writing Prompts Journal. Zen Journaling Method The writing prompts in this Self Discovery journal are designed as writing prompts for adults, but are also fit as writing prompts for teens. Given the nature of the writing prompts, this journal also perfectly fits as a self-esteem workbook. Furthermore, this Daily Journal for Women & Men is perfectly compatible with other self help books or self help methods. It's both a journal to write in for women and a journal to write in for men. 21 Exercises has also created other self-help journals, including writing prompts journals (creative writing prompts) and 90-Days Self-Discovery Journals to write in for women & men. To get the most benefit out of The Writing Prompt Journal it's advisable to set out a particular Zen Journaling time each day (5 to 10 minutes). For example, in the morning or before you go to bed.

Teens Journal with Prompts - Unicorn

In "500 Journal Writing Prompts," you get a vast selection of categorized pre-written self-discovery prompts for you to write out. You can use the book as your journal to write in. "A great compilation with enough prompts to keep going" "Good categories for self-discovery and for every mood" -Do you want to start journaling but don't know where to begin? -Are you lacking in motivation or inspiration but don't know why? -Do you want to get direction and set exciting goals? -Would you like to not run out of ideas and inspiration? -Are you busy in life and would you like easy access to a successful journal writing routine? Look no further because it's all in this vast collection of prompts for memories, emotional healing, personal development, creating a future you love and much, much more! In the book you will also be introduced to useful tips for journaling and how to use journal prompts to your advantage. Anybody can feel stuck and in need of inspiration to get started or proceed with their journaling. With these 500 thought-provoking prompts you will be sure to find what you need to fill you journal with remarkable self-discovery. Categories: Memories Daily Reflections Weekly Reflections Confessions Mindfulness Your Favorites Morals and Ethics Happiness Gratitude and Appreciation Rituals Write a Letter Spirituality Personal Development Dealing with Emotions Quotes Relationship with Others You and Society Travelling Money and Finances Creativity Finding Your Passion Making a Life Vision Start Dreaming BIG

Journal Prompts

Teen Kids Journal Pack In our new Teens and Kids Journal pack you get two ready to use journals of 94 pages in length. We have included a daily journal prompt on each page to help inspire kids of all ages to start journaling on a daily basis. In total there are 110 journal prompts per journal. Journals are created in a 6 x 9 Journaling Prompts for Kids 12 and Under 1. Tell a story about a past family vacation. 2. What are some instances when you shared with friends? 3. What is your favorite commercial?

1200 Creative Writing Prompts

As adults, we've learned to represent ourselves in a manner that's pleasing to others? no gaffes, bits of weirdness, or embarrassing moments. But that leaves us

very little space to speak our own truths freely, beyond how they might be viewed by others. Burn After Writing challenges you to answer the question: How honest can you really be with only you watching? This "secret diary" for proper grown-ups pushes the limits, flirts with fears, and challenges you to play a game of Truth or Dare with themselves. In a society where "share" is everything, Burn After Writing goes against the grain and encourages you to "share" nothing!

Writing Prompts for Adults

Do you need inspiration or prompts for your journal experience? Are you looking for a simple daily journal with writing prompts? Start the new year with this 365 day journal that includes writing prompts and doodle space. Discover yourself with creative and mindful thoughts. Write. Draw. Doodle. This journal with a blue artsy cover is perfect for your journaling adventures. Start a routine each day and journal for 5 minutes (or less) to focus on something positive. The writing space is only a few lines so you don't have to feel overwhelmed or come up with long responses. However, at the end of the journal are blank, lined pages to write more if you wish. This journal contains 365 prompts providing one year of reflection. The prompts include writing about gratitude, memories, your childhood, your favorites, lists, and more! More details: - Larger 8x10 to have more room for writing- 109 Pages - Cover: Soft Matte - Binding: Professional paperback binding (pages cannot be removed) - Designed in the USA This journal provides prompts to get your journal habits a kickstart! Works for home or travel. It makes a great gift, too! Please contact me if you are unsatisfied for any reason, and I will do my best to address your concerns! Check out the Author Page for more journals, notebooks, and other ideas to ignite creativity! Order today and enjoy discovering yourself! Sissy Sissy's Journals & Notebooks

Self Discovery Journal for Teens and Young Adults

101+ Creative Journaling Prompts is an inspiring collection of writing prompts (that you'll actually want to use!) designed to help you dig deeper to discover more of your true self and to inspire you on those days where you aren't quite sure what to write about. If you're looking for a deeper connection with your journal, author and artist Kristal Norton sheds light on a more rewarding form of journaling with a brief introduction to art journaling and 20 bonus art prompts. She also shares pages of her creative journal that were inspired by the prompts in the book, showing how each prompt can be used and interpreted in many ways. This book is overflowing with inspiration: * 101 creative writing prompts that encourage introspection, great for traditional journaling as well as art journaling * Visual examples of prompts interpreted by the author * 20 quick and easy art prompts to get you started adding color and imagery to your journal * Bonus video of author and artist Kristal Norton creating an art journal page from start to finish using this book for inspiration * A PDF version of all the prompts in this book so that you can print, cut out, and put them in a jar for easy access when you're feeling stuck

Daily Journal Prompts

BEST GIFT IDEA 2018 - SPECIAL PRICE- Normally \$16.95 (WHILE STOCKS LAST)

Creative Writing Prompts Are you ready for new challenges guaranteed to help you improve your creativity, writing and conceptual skills in just a few short hours? With 365 creative writing prompts, you can. Remove yourself from your comfort zone, and start to explore the uncharted paths to finding new and improved writing styles to benefit you. 365 creative writing prompts is guaranteed to be the perfect writing companion. New Creative Writing Prompts

101+ Creative Journaling Prompts

Unleash your imagination into space travel with outrageous missions and witty writing prompts Creativity Writing Prompts for adults on Space Mission is a science fiction and imaginative journal that inspire your inner thought about travel to outer space with spacious of space to write down your creativity missions. Overflowing with 16 exercise prompts, this creative writing journal is sure to unlock your imaginative and creative power. From your space mission to encounter with the extraterrestrial, your decision about various thought based on your basic knowledge on science, geography and physics of all levels will stretch their imaginations and put your writing on paper. From beyond science to mankind philosophical, the creative writing prompts for adults is designed to stimulate your conscious mind and encourage creativity From making your choice of offering or picking your favorite items to bring along on your space mission to analysis the advantage of space travel that will benefit the human beings and the earth. This Creative Writing Prompts for Adults will appeal to both older children and young adult science fiction writers.

Kids Journal with Prompts - be Strong

Offers educators suggestions to encourage students to write on a variety of topics, including feelings, problem-solving, and humor.

Let It Out

Journal Prompts You should give students the opportunity to increase their creativity and imagination to increase their intellectual power to make their writing more interesting. The Writing Prompts Workbook is a set of imaginative situations and questions that bring brain creative ideas to your students and children as they begin to write on pen and paper.

[ROMANCE](#) [ACTION & ADVENTURE](#) [MYSTERY & THRILLER](#) [BIOGRAPHIES & HISTORY](#) [CHILDREN'S](#) [YOUNG ADULT](#) [FANTASY](#) [HISTORICAL FICTION](#) [HORROR](#) [LITERARY FICTION](#) [NON-FICTION](#) [SCIENCE FICTION](#)